

Pamela Fanjoy

Social Work Professional Corporation

www.pamfanjoy.com

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Toronto and Oakville Offices

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Affiliations:

Ontario College of Registered Social Workers & Social Service Workers
Member of the International Association of Collaborative Practice (IACP)
Member of Collaborative Practice Group, Toronto

April 2002 – present

Director & Owner

Pamela Fanjoy Social Work Professional Corporation

- providing customized Collaborative clinical services to children, teens and parents undergoing divorce and/or separation by providing individual, family and group therapy as well as parent workshops
- successful Neutral Family Professional and Child Specialist for Collaborative Separations
- Divorce Coach for adults seeking individual counselling for traditional separations, especially LGBTQ adults Coming Out
- providing sound and experienced clinical supervision to Family Professionals and Child Specialists working on Collaborative Practice cases
- individual counselling including Cognitive Behavioural Therapy for adults, children & adolescents experiencing anxiety, depression, LGBTQ concerns, anger management, stress, ADD or ADHD or interpersonal difficulties
- provides case management and parent coaching to those managing school related concerns for their children attending public or private schools in Oakville and the GTA

September 2002 -
January 2006

Child and Family Clinician

Trillium Health Center

- assessment, individual and family counselling through Child and Adolescent Outpatient Psychiatry with youth experiencing depression, anxiety disorders, ADD/ADHD, Learning Disabilities, Addictions, emerging Schizophrenia and other psychiatric, or “at risk” issues

- successfully liaison with school officials, child welfare agencies and other community based services to coordinate treatment plans or resolve school or home placement issues
- demonstrated ability to efficiently manage caseload demands in a self directed and creative manner
- developed, implemented and facilitate support group for parents of teens struggling with Depression or Anxiety Disorders. Group incorporates dealing with grief issues, Cognitive Behavioural Therapy and strategies for parenting teens
- appointed to the Trillium Multi-Year Service Planning Committee responsible for developing a three year plan for the hospital wide Mental Health System
- Mental Health Consultant for Shared Care initiative with Lakeshore Medical Association Project (LAMP) in Etobicoke
- Active on the Executive Committee for WESAT (West End Sexual Abuse Treatment Program)

June 2002-June 2004

**Clinical Social Worker (Relief)
Halton Healthcare Services (Oakville Trafalgar Hospital)**

- facilitated psychosocial assessments, treatment and discharge planning within multidisciplinary teams for Child & Adolescent Inpatient Psychiatry and Medical Rehabilitation Unit for stroke or Motor Vehicle Accident/Head Injury patients

April 2000-September 2004 **Child and Family Clinician
Peel Children's Centre**

- family, child/adolescent, and group counselling including case management within a multi-disciplinary team
- serviced clients participating in Section 19 Day Treatment School programs, Residential Treatment and Outpatient Counselling Services
- serviced Intensive Child and Family Services Program working with families with multiple challenges
- extensive program development including Residential Renewal Project that revamped how residential treatment was delivered to children, adolescents and their families
- facilitated Parents Empowering Parents group for parents dealing with adolescents with Conduct Disorder or Oppositional Defiant Disorder

- performed Court Clinic Assessments in collaboration with Psychologists

September 1999-
April 2000

**Clinical Social Worker, Adult Psychiatry
The Homewood Health Center**

- facilitated psychosocial assessments, treatment, and case management of adult inpatient psychiatric patients within a multi-disciplinary team
- performed community based treatment in Orangeville and surrounding areas with “hard to service” clients in rural areas
- conducted art therapy group with adults experiencing acute psychiatric crises

September 1999-
February 2001

**Research Assistant
Wilfrid Laurier University**

- conducted intensive ethnographic interviews with adult trauma survivors

April 1995 -
September 1999

**Caseworker
Big Sisters of Kitchener-Waterloo & Area**

- case management and supportive counselling to mentoring program that serviced a range of culturally diverse and disadvantaged children
- implemented group programming for youth awaiting services

September 1994 -
April 1995

**Medical Social Worker, Renal Unit
Grand River Hospital**

- provided individual, couples and family counselling services to clients receiving Renal services and outpatient psychiatric services

April 1994-Sept 1994

**Community Support Worker
Ozanam House**

- provided supportive counselling and psycho-educational groups to residents of Residential Addiction Program for males age 18-29 years

April 1990-
October 1992

**Community Gardens Coordinator
The Food Bank of Waterloo Region**

- developed and implemented innovative community based garden program
- secured corporate support and 3 year SEED funding from Ministry of Health
- media relations and promotion including on-air interviews

Education:

Wilfrid Laurier University, 2000

Master of Social Work (clinical practice with Individuals, Families & Groups)

York University, 1995

Bachelor of Social Work (Honours)

Wilfrid Laurier University, 1993

Bachelor of Arts (Honours)

Double Major in Psychology & History; minor in English Literature

Skills:

Organizational Skills:

- ability to assume leadership, work independently, or function effectively within a multidisciplinary team
- provide ongoing analysis and evaluation of both caseload and programs delivered to clients
- maintain written paperwork in an efficient and thorough manner
- appropriately seek supervision, professional supports and ongoing professional training
- ensure financial support of projects through private and corporate donations

Clinical and Direct Practice:

- ability to utilize therapeutic relationships as a tool to affect change with clients of all ages
- specializes in working with families undergoing separation and divorce, including those engaged in resolving their divorce through the Collaborative Law process (experience as a Neutral Family Professional for team practice, Divorce Coach and/or Child Specialist roles)

- consistently demonstrates empathy with diverse clients struggling with a wide variety of additional issues including trauma/abuse, major mental illness, parenting difficulties, and children/adolescents with behaviour problems, depression, and anxiety.
- developed and facilitated numerous therapeutic groups including “Ride the Wave”: Children’s Separation and Divorce Groups; “Parents Empowering Parents”: a support group for parents of teens with severe behavioural problems; Parent Group for Parents of Teens with Mood Disorders, Grief and Loss Group for adults needing psychiatric care; Self-Esteem (6-16 year olds); Expressions (Art Therapy with inpatient psychiatric patients), Anger Management, Life Skills, Adult Survivors of Sexual Abuse, and “Parenting Your Teen”
- demonstrated strengths in maintaining efficient and collaborative consultation with other professionals, agencies or systems during all phases of treatment
- proficient in conducting thorough psychosocial assessments with the use of BCFPI and CAFAS tools and then developing treatment plans with individuals, couples or families

Supervisory Skills:

- providing sound and experienced clinical supervision to Family Professionals and Child Specialists working on Collaborative Practice cases
- provide ongoing clinical support and case direction to residential Child and Youth Workers
- demonstrated leadership ability in supervising both task-focused and standing committees
- interviewing and supervision of volunteers in various social service settings
- supervise high school and college students with an experiential approach to learning

Training and Development:

- assisted with the implementation of research to develop outcome measurements for programming
- revised comprehensive training package for volunteers dealing with abused children
- developed ADD-H workshop and manual for volunteers and parents
- developed resource manual to services in Waterloo Region for elderly (GRH)
- conduct training, assessments and support groups with volunteers
- provide ongoing educational workshops for children and volunteers
- comfortable presenting to large audiences or conducting public speaking engagements

Post Graduate Training, Supervision and Certifications:

True Colors Facilitator

Career Lifeskills Inc., Toronto, ON

Certified to present consumer friendly personality profile tool used to improve communication through fostering a more comprehensive understanding of temperament characteristics, communication styles and interpersonal difficulties. Target audiences have included multidisciplinary health care teams, corporate team building workshops and mother/adolescent daughter groups.

George Hull Family Therapy Extern Program (600 hours)

Toronto, ON

Successfully completed Post Graduate Extern Program including advanced theoretical orientation, reflecting teams, direct supervision, team supervision and video tape analysis of child and family sessions.

Play Therapy Intensive Summer Institute

Canadian Play Therapy Institute, Kingston, ON (2001)

Completed accredited play therapy intensive training on use of activity based therapeutic techniques to be used with children, adolescents or families. Useful in working with clients that have difficulty expressing emotion verbally, creating interest in the therapy process for those unsure about participating and variety to engage children or ambivalent clients. Specialized sand tray training.

Canadian Association for Play Therapy

Level I & II Certification, London, ON (2005/2006)

Completed all requirements for Level I & Level II certification in Play Therapy

Additional Training:

Interdisciplinary Teams in Collaborative Practice: The Texas Team Model (2008)

Scott Clarke, Angie Bain , LLB, Linda Solomon, PhD

The Mediation Process Training (40 hours), 2007

CDR Associates, Boulder Colorado

Advanced Training: Neutral Mental Health Professional Collaborative Practice Team Work
(2006)

Linda Solomon, PhD, Texas

Level II Interdisciplinary Collaborative Law Training

Victoria Smith, LL.B, & Susan Gomache, PhD, Toronto

Interdisciplinary Collaborative Law Training I

Nancy Cameron, LL.B & Susan Gomache, PhD, Toronto

Emotionally Focused Couples Therapy

Dr. Susan Johnson, PhD, Ottawa

Dealing with Shame & Guilt in Therapy

Dr. Karl Tomm, University of Calgary

Working with Adolescents Who Self-Harm

Dr. Heather Fiske, Toronto

Co-morbid Disorders: When Mental Illness and Trauma Coexist

Dr. Donald Michenbaum, Toronto

Schema Therapy, Level I Training

Jeffrey Young, PhD, Kitchener

Cognitive Behavioural Therapy for Adolescents with Depression and/or Anxiety Disorders

Dr. Susan Williams, McMaster University

Solution Focused Therapy with Trauma Survivors

Solution Focused Therapy with Addictions

Yvonne Dolan, Toronto

Group Processes and Therapeutic Change: An Experiential Training

Alex Gitterman, Toronto

Working with Men in Therapy

Stephen Weinman, George Hull Center, Toronto

Attachment Disorders in Early Childhood

Dr. Benoit, Hospital for Sick Kids, Toronto

Engaging and Working with Reluctant Adolescents

Eric King, Hinks-Delcrest Center, Toronto

Treating Sexual Abuse Issues with Eating Disordered Clients
Eating Disorder Coalition of Waterloo Region, Waterloo